

**NICU & Beyond: NDT Treatment for the
Premature Infant
Course Registration**

**Early Bird Discounts must be postmarked
4 weeks prior to course date.**

Tuition: \$435/ **Early Bird Tuition:** \$399

Group Discount: \$420

Group Early Bird Discount: \$385

Group rates granted when 3 or more registrations
are received in the same envelope.

Checks only please.

Cancellations will be accepted up to
2 weeks prior to course date minus an
administration fee of \$75.
No refunds after that date.

Oct 25-26, 2009, _____

Please make checks payable and return to:

PEDSeminars, LLC

77 Burns Place

Briarcliff Manor, NY 10510

Name _____

Discipline _____

Street _____

City _____

State/Zip _____

Email _____

(please print clearly for course correspondence)

Phone (home) _____

Phone (work) _____

Employer _____

License No. _____

CEU's: Applied to NJSBOE, NYSCEPT & PAPTBOE

PEDSeminars, LLC
Professional, Educational, Dynamic, Seminars
77 Burns Place
Briarcliff Manor, NY 10510
"A Weisman Workshop"

 **PEDSeminars, LLC**

Presents:

**NICU & Beyond:
NDT Treatment for the Premature
Infant**

Karen Goldberg, MS, PT, PCS

Sun-Mon: Oct 25-26, 2009

Institute for Child Development

Joseph M. Sanzari Children's Hospital

Hackensack University Medical Center

Hackensack, NJ

Upcoming PEDSeminars Courses:

Taping for the Pediatric Population

Dawn Morgan, PT, DPT, ATC, CSCS

November 1-2, 2009: White Plains, NY

Approved by NJSBOE for 1.4 CEU's/14 Contact Hrs.

**Clinical Management of the
Trunk & Shoulder Girdle**

Tina Weisman, OT NDTA Inc. Instructor

November 15-16, 2009: Washington DC

November 20-21, 2009: Scranton, PA

Forearm, Wrist and Hand

Tina Weisman, OT/L

Dec 4-5, 2009: Mountainside, NJ

March 7-8, 2010: Washington DC

April 16-17, 2010: Scranton, PA

April 25-26, 2010: White Plains, NY

Approved by NJSBOE for 1.4 CEU's/14 Contact Hrs.

MFR & NDT

Gail Ritchie, OTR/L, NDTA Instructor

April 9-10, 2010: Mountainside, NJ

Approved by NJSBOE for 1.6 CEU's/16 Contact Hrs.

tina@pedseminars.com www.pedseminars.com

914-432-7926

Course Description

This 2 day course is designed for PT's and OT's who are treating babies born prematurely. The first day will focus on the NICU environment, common medical conditions and the premie, early brain development, therapeutic interventions in the NICU, and morbidity associated with the prematurity. Included will be strategies to accommodate for specific medical needs.

The second day will focus on the treatment of the ex-premie in the home environment. Analysis of generalized movements (Precht system) will be presented. Symptoms of atypical development and the role of development of early vision will be included. Examples of case studies and outcomes will be presented.

A comparison of the development of infants born full and preterm will be provided.

Baby treatment labs will be included both days.

Level of content: Introductory to intermediate.

Target audience: Licensed OT, PT & SLP

Course Objectives:

Upon completion the participant will be able to:

- Identify common medical conditions associated with the premature infant
- Recognize changes which occur from 26 weeks post conceptual age to 36 weeks preconception age
- Recognize principles of adaptive positioning
- Describe methods of providing postural support in the NICU
- Identify strategies to accommodate for specific medical needs
- Compare the development of infants born full term
- Examine the impact of various the systems on the development of the infant born preterm
- Define what general movements are
- Recognize the construct of the TIMP
- Develop intervention strategies for infants born prematurely

Schedule

Day One

- 8:00 Registration
- 8:30 Ecology of the NICU
- 9:00 Common Medical Conditions in the Premature
- 10:15 Break
- 10:30 Therapeutic Interventions in the NICU
- 12:00 Lunch (on your own)
- 1:00 Therapeutic Interventions: Rationale for Treatment
- 2:00 Treatment Lab
- 2:45 Break
- 3:00 Morbidity associated with prematurity
- 4:00 Therapeutic Strategies to Accommodate for Specific Medical Needs
- 4:45 Discussion/ Q&A
- 5:00 Adjourn

Day Two

- 8:30 Comparison of development of infants born full term to the premie
- 9:00 The musculo-skeletal system, the respiratory system, the visual system
- 10:45 Break
- 11:00 Analysis of Generalised Spontaneous Movements (Precht System)
- 12:00 Lunch (on your own)
- 1:00 Interventions in the home
- 2:00 Atypical Development in the Premie
- 3:00 Break
- 3:15 Treatment Lab
- 4:45 Discussion
- 5:00 Adjourn

About PEDSeminars Faculty:

Karen Goldberg received her B.S. PT. Degree from McGill University, Montreal, Canada and a Master of Science Degree in Physical Therapy from the University of Colorado in Denver. She received her basic neurodevelopmental training with Dr. and Mrs. Bobath, and studied Baby Treatment with Mary Quinton. She has been a NICU Physical Therapist for over 30 years and published the original articles on the role of the Physical Therapist in the Special Care Nursery. She studied and trained with Dr. Lula Lubchenco, Dr. Heidi Als and Dr. Heinz Prechtel.

Ms. Goldberg has worked in a variety of Physical Therapy settings including Early Intervention, Pediatric Rehabilitation, and is a consultant for various medical agencies. She is currently working as a senior therapist at Danbury Hospital and is a consultant to a visual neurorehabilitation clinic in Connecticut. She is a certified Adaptive Ski Instructor in Vail, Colorado. She teaches courses and seminars on Physical Therapy in the NICU, utilizing an NDT approach both in this country and abroad.

About PEDSeminars, LLC:

PEDSeminars, LLC is dedicated to providing state of the art, dynamic, hands-on workshops, in-service training and consultations designed for therapists working with clients with functional impairments.

PEDSeminars, LLC reserves the right to cancel a seminar, upon which a full refund will be given. PEDSeminars, LLC is not responsible for travel or hotel expenses.

PLEASE BRING: An 18-24" doll, bath & hand towel.

Recommended Attire: Comfortable clothes

Hotel Accommodations: Upon registration confirmation, directions and recommended accommodations will be E-mailed