

**Analysis of Pre-Gait and Gait  
Course Registration**  
March 13-14, 2009

Tuition: \$435/Early Bird Tuition: \$399  
Group Discount: \$420  
Group Early Bird Discount: \$385  
Group rates granted when 3 or more registrations  
are received in the same envelope.  
Checks only please.

Cancellation will be accepted until February 27, 2009  
minus an administration fee of \$75.

**NO REFUNDS AFTER February 27, 2009.**  
Early bird discount must be postmarked by  
February 13, 2009

*Please make checks payable and return to:*

**PEDSeminars, LLC**

**77 Burns Place Briarcliff Manor, NY 10510**

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VISIT [www.pedseminars.com](http://www.pedseminars.com) for online registration

This course is APPROVED by the NJ Board of PT  
examiners for CEU's  
Applied to CT Board of PT Examiners for CEU's

*"A Weisman Workshop"*

**PEDSeminars, LLC**  
Professional, Educational, Dynamic, Seminars  
77 Burns Place  
Briarcliff Manor, NY 10510

# PEDSeminars, LLC

Presents:



## JOAN D. MOHR, PT

Lab Assistant: Pam Ward, PT DPT

### An NDT/Bobath Approach Analysis of Pre-Gait & Gait: A Hands-On Facilitation Course

of Clinical Treatment Strategies for  
Partial Weight-Bearing Training  
Featuring "Up n' Go" Gait Trainer  
Visit: [www.easy-walking.com](http://www.easy-walking.com)

**Fri-Sat: March 13-14, 2009**  
Connecticut Children's Medical Center  
Hartford, CT  
**Additional March Date TBA**

Upcoming Courses:

**MFR & NDT**

April 19-20, 2009, Mountainside, NJ

**The NICU and Beyond**

April 26-27, 2009, White Plains, NY

[tina@pedseminars.com](mailto:tina@pedseminars.com) or 914-432-7926

Download a brochure at: [www.pedseminars.com](http://www.pedseminars.com)

## Course Description

This 2-day course is designed for physical & occupational therapists working with clients with neurological gait impairments. Participants will become familiar with the primary biomechanical, kinesiological and movement components of typical vs. atypical gait patterns. These concepts will be reinforced through the course to enhance the participant's observation and gait facilitation treatment strategies.

The Up N'Go walker will be introduced with the concept of partial body weight support training to facilitate functional gait. The use of Thera-Togs to improve biomechanical alignment during assisted ambulation will also be explored. Participants will have an opportunity to practice gait training using NDT facilitation techniques, Thera-Togs, and the Up'N'Go gait trainer during lab practicum. The participants will develop an NDT- based, problem-solving approach for treatment of gait dysfunction while becoming comfortable with the use of therapeutic adjuncts to enhance functional outcomes.

## Course Objectives

### Participants will be able to:

1. Identify movement components of typical and atypical gait patterns.
2. Analyze gait patterns and develop appropriate treatment rationale based on their analysis.
3. Utilize NDT- based facilitation and handling strategies to address deficits and improve gait.
4. Utilize the Up'N'Go walker and Thera-Togs during patient treatment to enhance patient's quality of ambulation.

## Attire

Comfortable attire: Essential to bring shorts and bathing suit/sports bra for spinal assessments during movement labs.

## Schedule

### Day 1

- 8:00 Registration
- 8:30 Biomechanical & neurological concepts of typical and atypical postural pre-gait development
- 10:45 Break
- 11:00 Analysis of gait (video) typical and atypical Discussion
- 12:30 Lunch (on your own)
- 1:30 Movement Lab: Trunk analysis and gait facilitation
- 3:00 Break
- 3:15 Instructor Demo/ Discussion
- 4:30 Treatment Strategies Lab: Postural and Movement Muscle Activity
- 5:00 Conclusion

### Day 2

- 8:30 Principles of Gait: Assessment and Treatment
- 9:30 Facilitation Lab
- 10:45 Break
- 11:00 Instructor Demo/Discussion
- 12:30 Lunch (on your own)
- 1:30 Evaluation and Use of Theratogs and Up an Go
- 2:15 Group Practicum: How to don Thera-togs with use of "Up N' Go" Partial Weight-bearing device for achieving optimal upright biomechanical alignment during partial weight bearing
- 3:00 Break
- 3:15 Practicum continued with NDT facilitation and use of assistive gait devices
- 4:30 Treatment ideas
- 5:00 Conclusion

## For hotel accommodations please contact:

[tina@pedseminar.com](mailto:tina@pedseminar.com)

**PEDSeminars, LLC reserves the right to cancel a seminar, upon which a full refund will be given. PEDSeminars, LLC is not responsible for travel or hotel expenses.**

## About the Faculty

**Joan D. Mohr, PT** – Internationally renowned NDT/Bobath instructor, Joan is known for her hands-on, practical clinical approach to the treatment of clients with neurological impairments. Joan received her training from the Bobaths in 1966 and qualified as an NDT instructor in Pediatrics in 1970 and as an Instructor in Adult Hemiplegia in 1973. Joan travels and teaches throughout Israel, South Africa, Europe, Eastern Europe, North and South America, China and India with a special focus on developing countries. Joan provides corporate consultations and continues to spend part of her time in private practice. She has served as chairman of NDTA and IBITA and has been a Senior NDT Instructor since 1979. In 1988, she was honored as the recipient of the NDTA, Inc., Award of Excellence. Joan's passion is teaching trunk control needed for gait.

**Pamela Ward, DPT NDTA Inc., CI Candidate** will be available during facilitation labs to optimize hands on learning.

## Founder of PEDSeminars, LLC:

**Tina Weisman, OT/NDTA** instructor has dedicated her career to working with clients with neuro-motor impairments. Her passion has always been working with therapists who share her dedication to this exceptional population. Tina is known for her practical and approachable style of teaching. It was Tina's talent and passion for teaching that inspired her to create **PEDSeminars, LLC**.

**PEDSeminars, LLC** is dedicated to providing state of the art, dynamic, hands-on workshops, in-service training and consultations designed for therapists working with clients with functional impairments.

Become a member and receive course notification prior to publication: [www.pedsminars.com](http://www.pedsminars.com)