

Trunk & Shoulder Girdle Course Registration

**Early Bird Discounts must be postmarked
4 weeks prior to course date.**

Tuition: \$435/ Early Bird Tuition: \$399

Group Discount: \$420

Group Early Bird Discount: \$385

Group rates granted when 3 or more registrations
are received in the same envelope.

Checks only please.

Cancellations will be accepted up to 2 weeks prior
to course date minus an administration fee of \$75.
Early Bird discounts must be postmarked 4 weeks
prior to course date.

PLEASE SELECT COURSE:

Nov 6-7, 2009: Scranton, PA _____
Nov 15-16, 2009: Washington DC _____

Please make checks payable and return to:

PEDSeminars, LLC

77 Burns Place

Briarcliff Manor, NY 10510

Name/Title _____

Address _____

City _____

State/Zip _____

Email _____

(please print clearly)

Phone (home) _____

Phone (work) _____

Employer _____

License No. _____

CEU's: Applied to NJ , NYSCEPT & PA PT Board of Examiners

" A Weisman Workshop "

PEDSeminars, LLC
Professional, Educational, Dynamic, Seminars
77 Burns Place
Briarcliff Manor, NY 10510

 **PEDSeminars, LLC**

Presents:

Tina Weisman, OT

NDTA Inc. OT Instructor

Clinical Management

of the

Trunk & Shoulder Girdle

NDT Approach to Functional Treatment of the
Trunk and Shoulder Girdle in the Pediatric Client

November 6-7, 2009:

Allied Services, Scranton PA

November 15-16, 2009

Children's National Medical Center:

Washington DC

Upcoming PEDSeminars Courses:

Strengthening the Postural System

Joan Mohr, PT

Sept 11-12, 2009: Middle Island, NY

Ball Dynamics for the Pediatric Client

Renee Leimgruber, PT

October 16-17: Hartford, CT

Taping for the Pediatric Population

Dawn Morgan, PT, DPT, ATC, CSCS

November 1-2, 2009: White Plains, NY

Contact: tina@pedseminars.com

914-432-7926

www.pedseminars.com for online registration

Course Description

This workshop is designed for pediatric therapists working with children with postural and UE dysfunction. The course content will emphasize the biomechanical alignment of the trunk & shoulder girdle in both weight-bearing and in space. Emphasis on the development of postural control and trunk and scapula mobility will be demonstrated via lecture and facilitation labs.

Participants will gain an understanding of the neurophysiological principles for strengthening the postural system, in conjunction with hands-on NDT treatment strategies for improving postural control in the trunk and shoulder girdle, that can immediately be applied to your clinical practice. This will be accomplished through lectures, slides, movement labs and treatment demonstrations.

Level of content: Introductory to intermediate. Participants should have an understanding of typical vs. atypical development and experience working with children with neurological impairments

Target audience: Licensed OT, PT and speech therapists, COTA's and PTA's.

Course Objectives:

Upon completion the participant will be able to:

- Develop an understanding of the biomechanics of the trunk
- Describe and apply basic principles of treatment for the postural system
- Develop an understanding of the biomechanics of the scapula on the rib cage and scapula-humerus during reach
- Develop an understanding of UE partial weight bearing and grade UE weight-shifting.
- Analyze and identify primary impairments and movement components interfering with skill acquisition.

Schedule

Day One

- 8:00 Registration
- 8:30 Introduction
- 9:00 Clinical Principles of the Postural vs. Movement Systems
- 10:00 Typical vs. Atypical gross and fine motor development: The First Year of Life
- 10:30 Break
- 10:45 Typical Slides cont.
- 12:30 Lunch (on your own)
- 1:30 Muscular Skeletal Alignment of the Trunk
- 2:00 Trunk Mobility: Movement Lab
- 3:00 Break
- 3:15 Scapula Mobility on the rib cage
- 4:15 Partial UE weight-bearing- Loading the shoulder girdle
- 5:00 Finish

Day Two

- 8:30 The Role of the Shoulder Girdle in Weight-bearing and Space
- 9:00 Biomechanics of clavicle-scapula-humeral during reach
- 10:45 Break
- 11:00 Treatment Demo
- 12:00 Discussion
- 12:30 Lunch (on your own)
- 1:30 Treatment lab: Scapula-humeral dissociation
- 2:30 Atypical Slides: Postural influence on UE functioning
- 3:15 Break
- 3:45 Facilitation lab: Partial UE weight-bearing
- 5:00 Finish

Wear comfortable attire

Shorts and bathing suit tops are suitable for spinal and scapula assessment.

About PEDSeminars Faculty:

Tina Weisman, OT NDTA Inc./OT Instructor, has been practicing OT for more than 25 years and currently is in private practice in Westchester, N.Y. She teaches basic, intermediate and advanced level NDT workshops in the United States and Israel. Tina has dedicated her career to working with clients with neuro-motor impairments. Her passion has always been working with therapists who share her dedication to this special population. Tina is known for her practical and approachable style of teaching. It was Tina's talent and passion for teaching that inspired her to create **PEDSeminars, LLC**.

About PEDSeminars, LLC:

PEDSeminars, LLC is dedicated to providing state of the art, dynamic, hands-on workshops, in-service training and consultations designed for therapists working with clients with functional impairments.

Hotel Accommodations:

Upon registration confirmation, directions and recommended accommodations will be sent via e-mail.

PEDSeminars, LLC reserves the right to cancel a seminar, upon which a full refund will be given. PEDSeminars, LLC is not responsible for travel or hotel expenses.