

## Strengthening the Postural System Course Registration

Early Bird Discounts must be postmarked  
3 weeks prior to course date.

Tuition: \$435/ Early Bird Tuition: \$399

Group Discount: \$420

Group Early Bird Discount: \$385

Group rates granted when 3 or more registrations  
are received in the same envelope.

Checks only please. No exceptions.

Cancellations will be accepted up to  
2 weeks prior to course date minus an  
administration fee of \$75.

**No refunds after that date/No exceptions.**

Register **ONLINE** [www.pedseminars.com](http://www.pedseminars.com) or

Make checks payable and return to:

**PEDSeminars, LLC**

**77 Burns Place**

**Briarcliff Manor, NY 10510**

Name \_\_\_\_\_

Discipline \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Email \_\_\_\_\_

(please print clearly for course correspondence)

Phone (home) \_\_\_\_\_

Phone (work) \_\_\_\_\_

Employer \_\_\_\_\_

License No. \_\_\_\_\_

15 Contact hours / 1.5 CEU's: Applied to NYSCEPT & NJBPTBOE

Contact: [tina@pedseminars.com](mailto:tina@pedseminars.com)

914-432-7926 [www.pedseminars.com](http://www.pedseminars.com)

**"A Weisman Workshop"**

Briarcliff Manor, NY 10510

77 Burns Place

Professional, Educational, Dynamic, Seminars

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 **PEDSeminars, LLC**

presents

**JOAN D. MOHR, PT**

Senior NDT-Bobath Instructor

Lab Assistant:

Tina Weisman, OT/L, NDTA Instructor

## Strengthening the Postural System:

**A Hands- on NDT Facilitation  
Course**

Current neurological principle applied

**Sun-Mon: Jan. 24-25, 2010**

Fordham University, Westchester Campus  
White Plains, NY

### **UPCOMING PEDSeminars Courses:**

#### **Clinical Management of the Trunk & Shoulder Girdle**

Tina Weisman, OT NDTA Inc. Instructor

November 15-16, 2009: Washington DC

March 14-15, 2010: White Plains, NY

June 6-7, 2010: Brooklyn, NY

#### **Taping for the Pediatric Population**

Dawn Morgan, PT, DPT, ATC, CSCS

Dec 6-7, 2009: White Plains, NY

#### **MFR & NDT**

Gail Ritchie, OT NDTA OT Inc. Instructor

April 9-10, 2010: Mountainside, NJ

Visit [www.pedseminars.com](http://www.pedseminars.com) for additional 2010  
course listings

## Course Description

This 2-day course is designed for physical & occupational therapists working with clients with neurological impairments. Participants will become familiar with the primary biomechanical, kinesiological and movement components of typical vs. atypical movement patterns, mainly related to the pediatrics, with neurological principles applicable throughout the lifespan. Principles learned can be immediately applied to clients with postural impairments due to low and high tone, post surgery, congenital and acquired CNS injuries.

These concepts will be reinforced through the course to enhance the participant's observational skills and analysis of motion needed for upright functional skills. This will be accomplished through lecture, hands-on movement facilitation labs, & live instructor demonstrations. The participants will develop an NDT-based, problem solving approach for strengthening their clients postural system as a foundation for skill acquisition.

## Course Objectives

### Participants will be able to:

- Identify movement components of typical and atypical movement patterns of the adult client.
- Analyze functional goals and develop appropriate treatment rationale based on their analysis.
- Utilize NDT-based facilitation and handling strategies to address deficits and improve functional skill.
- Design and implement therapeutic home intervention programs that corresponds with client and family functional goals.

## Comfortable Attire:

Essential to bring shorts and bathing suit/sports bra for spinal assessments during movement labs.

**For Hotel Accommodations please contact:**

[tina@pedseminars.com](mailto:tina@pedseminars.com)

## Schedule

### Day 1

8:00	Registration
8:30	Introductions: Participants Goals
8:45	Principles of NDT/Bobath Approach
9:30	Concepts of Typical Movements Components: Current neurological principles of the posture and movement systems applied to NDT clinical practice
10:30	Break
10:45	Typical vs. Atypical Components of Movement
12:30	Lunch
1:30	Instructor Demo: Assessment & Tx: Postural System needed for Upright Control
2:30	Discussion
3:00	Break
3:15	Trunk Mobility – Analyzing and facilitating postural range of motion
5:30	Conclusion

### Day 2

8:30	Treatment Principles of Postural System applied to motion
10:45	Break
11:00	Assessment of Movement: Postural System Lab
12:30	Lunch (on your own)
1:30	Instructor Demo: Assessment of Tx of the Postural and Movement System
3:00	Break
3:15	Movement/Problem Solving Lab: Strengthening the Core: Initiation of motion at Lower trunk/ pelvis
4:45	Group Discussion
5:30	Conclusion

## About the Faculty

**Joan D. Mohr, PT** – Internationally renowned NDT/Bobath instructor, Joan is known for her hands-on, practical clinical approach to the treatment of clients with neurological impairments. Joan received her training from the Bobaths in 1966 and qualified as an NDT instructor in Pediatrics in 1970 and as an Instructor in Adult Hemiplegia in 1973. Joan travels and teaches throughout Israel, South Africa, Europe, Eastern Europe, North and South America, China and India with a special focus on developing countries. Joan provides corporate consultations and continues to spend part of her time in private practice. She has served as chairman of NDTA and IBITA and has been a Senior NDT Instructor since 1979. In 1988, she was honored as the recipient of the NDTA, Inc., Award of Excellence. Joan's passion is teaching trunk control needed for gait.

## About PEDSeminars, LLC:

**Tina Weisman, OT/NDTA** instructor has dedicated her career to working with clients with neuro-motor impairments. Her passion has always been working with therapists who share her dedication to this exceptional population. Tina is known for her practical and approachable style of teaching. It was Tina's talent and passion for teaching that inspired her to create **PEDSeminars, LLC**.

**PEDSeminars, LLC** is dedicated to providing state of the art, dynamic, hands-on workshops, in-service training and consultations designed for therapists working with clients with functional impairments. Become a member and receive course notification prior to publication:

### Contact:

[tina@pedseminars.com](mailto:tina@pedseminars.com)

[www.pedseminars.com](http://www.pedseminars.com)

914-432-7926

**PEDSeminars, LLC reserves the right to cancel a seminar, upon which a full refund will be given. PEDSeminars, LLC is not responsible for travel or hotel expenses.**