

Trunk & Shoulder Girdle Course Registration

Early Bird Discounts must be postmarked
4 weeks prior to course date.

Tuition: \$435/ Early Bird Tuition: \$399

Group Discount: \$420

Group Early Bird Discount: \$385

Group rates granted when 3 or more registrations
are received in the same envelope.

***Discounted tuition payable by check only.**

Cancellations will be accepted up to 2 weeks prior
to course date minus an administration fee of \$75.
Early Bird discounts must be postmarked 3 weeks
prior to course date.

How to Register:

Online www.pedseminars.com or

PLEASE SELECT COURSE:

April 16-17, 2010: Washington, DC _____

April 25-26, 2010: White Plains, NY _____

Please make checks payable and return to:

PEDSeminars, LLC

77 Burns Place

Briarcliff Manor, NY 10510

Name/Title _____

Address _____

City _____

State/Zip _____

Email _____

(please print clearly)

Phone (home) _____

Phone (work) _____

Employer _____

License No. _____

CEU's: Applied to NJ and NYSCEPT

"A Weisman Workshop"

PEDSeminars, LLC
Professional, Educational, Dynamic, Seminars
77 Burns Place
Briarcliff Manor, NY 10510



Presents:

Tina Weisman, OT

NDTA Inc. OT Instructor

The Forearm, Wrist & Hand

A Functional Biomechanical Approach for
Improving Fine Motor Control

Tina Weisman, OT/L

NDTA Inc. OT Instructor

Fri-Sat: April 16-17, 2010

Children's National Medical Center:
Washington, DC

Sun-Mon: April 25-26, 2010

Fordham University, White Plains, NY

Upcoming PEDSeminars Courses:

Strengthening the Postural System

Joan Mohr, PT

Jan 24-25, 2010: White Plains, NY

MFR & NDT

Gail Ritchie, OTR/L NDTA Instructor

April 9-10, 2010: Mountainside, NJ

Contact: tina@pedseminars.com

914-432-7926

www.pedseminars.com for online registration

Course Description

This workshop is designed for pediatric occupational & physical therapists working with children with UE dysfunction. The course will emphasize the biomechanical alignment of the shoulder girdle, UE and hand, necessary for optimal fine motor function.

We will analyze the movement components needed for grasp and digital manipulation in children with neuro-motor impairments & developmental delay. NDT principles and treatment techniques will be applied for facilitation of upper extremity function needed for refined hand skills. Specific analysis of distal muscle architecture and treatment principles appropriate to achieve optimal UE function will be demonstrated.

This is a hands-on course that unlocks the biomechanics needed for hand function. Participants will learn treatment strategies that can immediately applied with their patients.

Course Objectives

Upon completion the participant will identify the primary movement components needed in the trunk, shoulder girdle and upper extremity necessary for refined hands skills.

- Develop an understanding of the arches of the hand and their influence on digital control.
- Select appropriate treatment activities to facilitate fine motor acquisition for the pediatric client.
- Transition the UE from weight-bearing to space during reach.
- Facilitate biomechanical alignment and activation of the hand during and in preparation for functional hand skills.

Lab Attire: Tank tops that reveal shoulder girdle.

Schedule

Day 1

- 8:30 Registration**
- 9:00 Introduction to NDT Theory and Principles**
- 9:45 The correlation of gross and fine motor development and its application to early intervention**
- 10:45 Break**
- 11:00 The biomechanical relationship of postural and distal control needed for UE function.**
- 12:00 Lunch (on your own)**
- 1:00 Biomechanics of the shoulder girdle in weight bearing and during reach: Lecture and Movement lab**
- 2:30 Analysis of proximal positioning needed for grapho-motor skills**
- 3:15 Break**
- 3:30 Case Analysis: UE Group Problem-Solving Lab**
- 5:00 Adjourn**

Day 2

- 9:00 Biomechanics of the Forearm and Wrist**
- 10:30 Break**
- 10:45 The Arches of the Hand**
- 11:30 Intrinsic musculo-skeletal architecture of the hand.**
- 12:00 Lunch (on your own)**
- 1:00 Forearm, Wrist & Hand: NDT Facilitation & Treatment Lab**
- 2:30 Treatment Demo (Video)**
- 3:15 Break**
- 3:30 Group Problem-Solving/ Treatment Lab: Application to play and ADLs**
- 4:30 Group Problem-Solving Discussion**
- 5:00 Summary**

About PEDSeminars Faculty:

Tina Weisman, OT NDTA Inc./OT Instructor, has been practicing OT for more than 25 years and currently is in private practice in Westchester, N.Y. She teaches basic, intermediate and advanced level NDT workshops in the United States and Israel. Tina has dedicated her career to working with clients with neuro-motor impairments. Her passion has always been working with therapists who share her dedication to this special population. Tina is known for her practical and approachable style of teaching. It was Tina's talent and passion for teaching that inspired her to create **PEDSeminars, LLC**.

About PEDSeminars, LLC:

PEDSeminars, LLC is dedicated to providing state of the art, dynamic, hands-on workshops, in-service training and consultations designed for therapists working with clients with functional impairments.

Hotel Accommodations:

Upon registration confirmation, directions and recommended accommodations will be sent via e-mail.

PEDSeminars, LLC reserves the right to cancel a seminar, upon which a full refund will be given. PEDSeminars, LLC is not responsible for travel or hotel expenses.